

Alan Watt on
"Sweet Liberty" with Jackie Patru
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Jackie: Good evening ladies and gentlemen. Thanks for joining us tonight on Sweet Liberty. This is Monday and it is the 6th of June in the year 2005 and I'm glad you've joined us tonight. I hope you had a nice weekend, folks. I'm getting myself organized here. We have a guest this evening, somebody that I think you'll be very pleased to be able to listen to and we haven't had him on too often and so I wanted to bring him on this evening. Alan Watt is with us tonight, folks. I'm being facetious. Alan, thanks for being here.

Alan: Yes, it's a pleasure.

Jackie: The reason I ask Alan to come on we were talking about the food folks and one of the things that Alan was telling me that I wasn't aware of is what the large argi-businesses like Monsanto. You wouldn't call them an agri-business, would you? Agri-business?

Alan: That's what they call themselves, but they're really a complete monopoly. That's their job.

Jackie: A complete monopoly; and to start this out, would you tell our listeners what you were telling me about what they're doing with the patenting of other peoples and companies seeds?

Alan: Monsanto of course started off with a patent for genetically modified food for one particular species and of course that eventually after a few failures eventually it got through the patenting procedure and so for the first time a company could actually patent and own a foodstuff or the seed. However, that didn't seem to be the real purpose behind it because what it did was open up the doors for Monsanto then to go and purchase anybody's seed, and then of course they could go patent it, go back to the purchaser and say to them you can't sell that anymore because we own the rights to it.

Jackie: And you said they're actually doing this today?

Alan: They've done it with thousands of species.

Jackie: Of species of seeds?

Alan: These are seeds which produce plants which people have spliced and so on in the old way for hundreds maybe thousands of generations to get that perfect plant and of course no one thought of patenting the rights to it, except of course the big money boys because food and water are necessities and they're taking over both. And I think you have the quote there from that lady who was in charge of the

UN--

Jackie: Bertonelli.

Alan: Yes.

Jackie: Where she said we use food as a – did she say weapon? She said we make no apologies.

Alan: Yes and of course there's no doubt about it, to whip the world into shape into the new system we can see that water has been taken over step by step. Now food of course is going the same way. People don't realize they've had riots in other parts of the world where Monsanto has paid off governments to push their seeds on the people. India had massive riots over there.

Jackie: You mean the people in India actually know?

Alan: India has such a long history of a very class type system and it's only in recent years that they've had any small farmers at all who owned their own land and they see right away this is a move to take it all back from them, because the seed that you have to purchase from Monsanto won't regenerate itself. You have to go back every year to buy more seed.

Jackie: They have the terminator seed and that is one, I believe – I remember reading about that that they're on the third world countries where people – I mean they live by the food that they grow and the farmers are being forced into using the terminator seed. They won't be able to afford continue farming because they always save their seed, their corn and grain and et cetera, enough of it for the next planting; and the terminator seed, folks, in case you haven't heard about it, probably most of you had, it is a seed that will grow a food. I don't think the foods are seedless but the seeds will not sprout and this is another – you know when Alan did the broadcast last Monday night and I didn't listen to it then but I did listen to it Tuesday night after I did the broadcast. I listened to it on the archives and he mentioned the importance of gardening, but gardening with not hybrid seeds. The hybrids aren't bad. They're not genetically modified food but the seed of the hybrid, if they take two different types of let's say a hybrid tomato and they make it this real nice cool super tomato out of it, the seeds of that tomato, about 25% of them will germinate but they're not going to be the hybrid. They're going to go back to whoever hybridized them believed to be inferior. What they do, Alan – you know one of the nice things about if we didn't have to worry about buying seed is that they can hybridize a particular plant for particular areas that maybe are resistant to certain plant diseases but now in the Southern Exposure Seed Exchange Catalogue they've got, it's like you said, they have grown these seeds over time. They're actually what they call "heritage seeds" from long, long ago and so they actually have been able to breed the plants that are no longer hybrids that are for particular growing areas and are resistant to rust or whatever some plants can get and we won't have access to these.

Alan: No, and this is again a priority. It's obviously a priority because the judges are totally onboard as they say with this – onboard is a good pirate term. Now they're fining anybody who gets Monsanto's seed blown on their land and even in the charges that they're using against farmers where they find one or two plants

on his land, they'll put him out of business and take the farm and they're doing it. The judge even said in Canada here at the Supreme Court level, he didn't care how it got there, if it blew off, was dropped, brought in by a combine harvester and that's another method of moving this around. Farmers often hire guys to go around the farms with their combines and they're taking seed with them and then spreading it on the next farm.

Jackie: This one particular I remember reading it and I think it's the same one you're talking about, although there have probably been more than one, but the one farmer who grew a non-GM corn and there was GM corn close enough that if – what's the word? Pollinated, then he was accused of patent infringement and that's the one where the judge said and it was because the wind blew the pollen from this GM corn into his field and the judge didn't give a dog gone.

Alan: In that case there was even another farmer who had a whole truck full of seeds who had gone past his land and found out the bags were burst. They found out that the bags had burst on another farmer that was passing his farm and the farmer said that probably half of my seed here has blown onto your land, and the farmer admitted it. He says you've probably got half my seed across your field here and so that was against him too, but the judge said I don't care if a bird even passed its seed in its droppings, the fact is as long as it's on your land that's all I need to know. Again, it's a Masonic must-be for their GM Grand Master foods that this is going to be this way because they want the small farmers out of business.

Jackie: They want to put home gardeners out of business.

Alan: Yes they do.

Jackie: Just people who are growing for their own survival, Alan.

Alan: Yes, that's a fact. They want to have total control of everything on the planet and when you watch these wildlife programs that they always have on television, you'll notice that they have the experts in the fields, or students or whatever, tracing all kinds of animals, even rattle snacks and they catch them--

Jackie: Tracking them?

Alan: They tag them and track them, and you know this is all a symbol of what's going to happen to every individual. It's the same thing. It's the ownership of everything on the planet.

Jackie: Including our minds.

Alan: That too. We can see where it's all going and food, shelter and clothing and water are essential for human life and they want to make sure in the perfect world they're creating in their habitat areas there will be no private property. You'll have to rent. You'll pay for all your food and you'll pay for every glass of water you drink; and of course if you don't go along with it, the punishment will be the withdrawal of your credits so that you can't pay for anything.

Jackie: Your pings on the computer. Well, this is good news what I'm going to say

that just popped in my mind because we talk about – I don't like saying "they're going to" because it seems to me we're helping speak it in like it's a given and maybe you think it is. Maybe it is, Alan, but I don't care to be part of helping to speak it in and I'd rather say their intentions and we know how far they've come today. But Holland and France, in Holland there was a 67 percent 'no' vote for the European Constitution and of course France also and these are the people out there. It seems like there's a waking up happening, Alan.

Alan: I don't see it the same way.

Jackie: Don't you?

Alan: I was in Europe when all that stuff was going on the last time and I can remember Britain voting no to join the union three times and they said well regardless you're getting it anyway and the same with most the other countries. Whatever is happening today, there's another motive behind it and I think what they're doing is bringing on a form of chaos.

Jackie: But this isn't the government voting. It's the people voting.

Alan: Yes, but you know the governments can manipulate votes anyway they wish, because they can tell you whatever results they want to, and so I think they're intentionally stirring up something because they do want some chaos on so that they can put the new laws through and speed things up that way.

Jackie: They have to have the opposition to make the change.

Alan: See that's their religion. It's the "law of nature" as they call it; and by nature, they mean spring, fall, summer, winter. It's using at least two sides for opposition to create a third, which is the outcome.

Jackie: The third way.

Alan: The third way and that's what they've always done you see. Something else is going on over there because these guys remember started the program and the bureaucracies up in 1948 to unite Europe, but they never admitted that to the public until it was all achieved, so they're not likely to throw it out the window now.

Jackie: Like Vicente Fox and George Bush and Paul Martin restructured a continent in an afternoon on March 23rd while Terri Schiavo was being murdered in plain sight in front of the whole world.

Alan: That's right. That's what they did. Of course, one day you wake up and some how it all changed and it's here and you say well how did it get here? However, there are big forces working towards all of this and the media of course being an arm of government – in fact, the media is essential to government to keep us all busy and distracted and worried and so on. The media isn't going to come out and tell the public the truth. It's amazing how many authors come out from the media after the goal of any particular part has been achieved. They all come out with their books after it's done, which meant they knew it all along but they didn't

tell the public.

Winston Churchill boasted about this during World War II that they'd unite Europe. It's so odd you see. There's your right and left again. There was Hitler going to unite Europe and there was Churchill. The only opposition they really had in a peacetime situation was the general public in every country that wouldn't go for it, so they gave us a war you see and achieved it anyway. This is typical of the strategy they use. Something else is going on in Holland right now and France.

Jackie: Something else. You mean that we don't know about?

Alan: We'll eventually see it, whether they want some kind of restructuring after a students riot or something, but there's something else behind it. Something they want.

Jackie: Well, you know what? That makes sense because it's like the article that I told you about last evening. It was in the *Philadelphia Enquirer* about fluoride and the dangers of fluoride. How it destroys kidneys and bones and why do we have this in our drinking water? The *Philadelphia Enquirer* is a big newspaper and very widely read and then there was the man that gave the talk on 9/11 at that university in Wisconsin and then C-Span picked it up. On at least two occasions I caught it the second time around and this man pulled no punches. It wasn't one of those "oh, there was government forewarning and the government didn't do anything. The FBI knew but they didn't do anything," et cetera. He laid it out and basically said this was an insider job and this was on C-Span twice and I sat there and I listened. You know your ears get really tuned and you can hear the littlest hook and I heard no hooks, Alan, and I thought my God, why is C-Span doing this? Twice. They didn't just do it once. They did it twice. But it's as you said. What they might be doing with this fluoride article, maybe it is testing the waters to see if anybody even responds or reacts to it.

Alan: It could be.

Jackie: I mean the thing is, why is it mandated to be in our water systems and it was a lengthy article.

Alan: And I wonder how much we actually have had so far?

Jackie: I don't know. Now see, that makes me question. Now I get excited when it looks like a lot of people are standing up and speaking out. That looks to me like an awakening. That's why I said that, but when the controlled media is saying this stuff it gets very confusing. What in the world are they up to? It was just like – do you know after GW on the afternoon of the eve of Purim announced that we were going to "go to war with Iraq" the *New York Times* and the *New York Post* began printing articles about how he lied and all the lies that were told to justify going to war. Now this is two years ago and I thought what are they doing here? Because these are the same creatures that put him into office and I thought well maybe they're going to take him down, but they haven't, and they printed all that stuff.

Alan: I know. In Canada here they did show on the CBC part of the supposed inquiry into the Iraq war and Bush was sitting along with Powell and a few other ones and they asked the question about the reasons for his attacking Iraq and the

fact that there was no connection between Saddam Hussein and the 9/11 bombing, and he said I never claimed that Saddam Hussein had anything to do with 9/11. He admitted that, but of course the same media and the Canadian government again, the CBC television, showed polls done in the U.S. that two years after 9/11 the media had convinced the public that Saddam Hussein was directly responsible for 9/11; but there was the president admitting that Saddam Hussein had nothing to do with it at the actual inquiries.

Jackie: But like you said, people are losing their memories.

Alan: They are losing memory. He did admit it. In fact, he justified it by saying "the world's better off without this tyrant." That's how he justified the war.

Jackie: Without this tyrant. And I'll tell you on the internet, probably 29 out of 30 articles that you get about anything, there's always that thing in there. For example, yes, it's true. Saddam Hussein is a tyrant and he shouldn't have been in power, however, so the big lie is Saddam Hussein was a tyrant and yet he's the man we saw standing in front of a crowd of people talking and when he finished besides the jeering and yelling they were all firing their guns. In the book on Saddam Hussein the government actually gave the guns to the people for self-defense.

Alan: In fact on again the CBC prelude to the war, they showed that all the private gun shops in Iraq were open up to the start of the invasion and they were selling their guns very, very cheaply to everybody, every civilian.

Jackie: The people who didn't have them?

Alan: Yes.

Jackie: And you know if somebody's hated that bad a "tyrant" they're not going to stand - I mean even if he was wearing a whole of body armor, his head and face was - you know underneath his uniform he might have been protected, but his head and face wasn't protected and that was right on CNN.

Alan: Winston Churchill talked about Iraq before World War II and he said that Iraq is going to be very, very important in the future because of the vast quantities of oil in the north. He said that will be a future battleground. Again, if you go back to H.G. Wells, who was a propagandist for the British government, in "*The Shape of Things to Come*" he said there would be two world wars and then a final third one. He said two with Germany, by the way, before the first one happened, and he said the third one will start in Basra, which is Basra, Iraq. These guys have had this agenda up their sleeves for over 100 years, probably a lot longer. People forget already that Saddam Hussein in his eyes he was taking back Kuwait which had been part of old Persia before Britain divided up the land after World War I.

Jackie: Yes and England did that, didn't it?

Alan: Yes.

Jackie: And not only - maybe it would have been left alone but while Iraq was

involved in that war with Iran and then you find out when you read the book on Saddam Hussein. While the U.S. was actually - what do you call supporting Iran in that war to keep it going and while they were doing that Kuwait was drilling underneath at an angle and drilling oil -- sucking oil out of actually Iraq territory, and that was what Saddam Hussein said, you guys stop it.

Alan: It was in the papers at the time and Papa Bush, that was his first major job for the big boys was to set up the oil fields in Kuwait.

Jackie: We're at the bottom of the hour and we're going to take a commercial break here, folks, and I hope you will get your pen in hand.

Alan: Hello. We're back again and I have three books for sale concerning not just the New World Order. This is an old world order which simply keeps upgrading itself to the next part and I've got 1 2 and 3 just completed and I'll be putting more out this week. If anyone wants them, [**see www.cuttingthroughthematrix.com for ordering information**], and I'll get them out as fast as I can. They do go through a lot of the history of this system and that's what it is. It's a system which has been running this world for thousands of years, building empires and destroying empires as it goes along. Now we've reached the time when they're building the final empire, the world empire, and they're going to reshape the whole planet in the image they've created for it, which is basically based on economics and if you don't have a function or they have no function for you, you simply will not be allowed to exist.

Jackie: I'm here Alan, but you go right ahead.

Alan: I've just finished.

Jackie: Well, you said this is the final one.

Alan: It's the final one for this phase of it it's taking.

Jackie: Right. Because they've been here before and maybe not to the extent that they are right now as you've said, but as you've said, too, they're not going to be successful. It doesn't mean that there isn't going to be terrible chaos and heartache et cetera, but it doesn't mean that they're going to be successful.

Alan: What I watch for is not people fighting or Holland or France complaining or stopping or saying no. What I watch is for the elite starting to fight amongst themselves, because that will be the sign that their pyramid is going to start crumbling. Because these people you have to understand have been bred for their purpose. That's why there so intent on not just interbreeding but specialized breeding for specific traits, just like pedigree animals or domesticated animals are bred for specific tendencies. These people are bred to rule basically. They don't have compassion as we know it and they're heartless, but what they also have in common is an addiction to total power. They want power. The Joe Average doesn't want power over anything but these people want power over everything and they all want it; and now that they see this throne of the world, this philosopher king as they call it, the throne is getting set up basically. There's only one seat for this philosopher king and they all want to be occupying it, and that's when they will

start fighting amongst themselves.

Jackie: And I have read – this has been even in the last few years that they're already bickering and fighting amongst themselves.

Alan: They try and cover it up as best they can because they must give a semblance of order to the people, but these people are ruthless when it comes to power and the sharks can all feed on other creatures as long as there's lots of other creatures around; but once they're penned in themselves into that little top group where they all want positions, that's when they start feeding on each other and that's when the trouble starts.

Jackie: Folks, I've got the phone number here for you. What I went and did was found my catalogue for the Southern Exposure Seed Exchange. There are other catalogues out there that have non-hybrid seeds and non-GM seeds. This one I use. I love this catalogue. There is just about nothing that you would not want to grow that you couldn't find in this catalogue and they actually have them listed for what parts of the country they're good. Even for example in the Deep South, a particular type of tomato that grows well there et cetera and this is Southern Exposure Seed Exchange. They're in Virginia and their website is SouthernExposure.com if you want to get a hold of them. You can get their address when you call them and I urge you – well, I'm not going to urge you I guess because you're going to do it if you're going to do it or not. I don't care if you live in the city. You can turn your backyard into a garden, folks, and I know I'm taking us back off the trail that we were on and back to this food thing, but where there is a will there is a way. If you live in the city. If you live in an apartment.

You know there are people who are doing this in cities getting permission if you would from the city or the township or whatever if you don't have the space to do a garden and they're doing gardening collectively. I hate to use that word but that's what they're doing and where there is a will there is a way, but today we just have no idea what we're eating. What we're drinking when we buy food at the grocery stores today and you know I've been buying lettuce. I love salads and I get lettuce and I just – Alan, that lettuce will stay without wilting or rusting for weeks.

Alan: I know someone in the area telling me he knows someone who had a tomato that sat on the window ledge for months and it took almost eight months before it starting drying out.

Jackie: Well, let me tell you something. There's a tomato at the grocery store now. I don't know that I've seen it lately but I haven't look and you know what it says? Please don't refrigerate our beautiful tomatoes. Now this is a beautiful looking tomato on the outside, but probably besides the minerals that you would get from a tomato grown in good sound nutritious earth. Vitamin C dissipates at room temperature and so therefore in the first place how in the world could you keep a tomato without keeping it refrigerated for any length of time? But even the lettuce and anything we eat and you know I was reading that article to our listeners last week about aspartame, by God it's in all kinds of things. It's in all kinds of prepared foods. The same as the MSG (monosodium glutamate) and it's a killer.

Alan: And they know that too.

Jackie: Yes, of course they do and I don't think I ever got to the article on MSG additive in food. They mask the name of it. Some of the things will say "no MSG added" and it's because the MSG is already in it, but also when you see an ingredient that says "hydrolyzed vegetable protein" - now that sounds pretty innocent, doesn't it? I don't know what the heck hydrolyzed means but vegetable protein. It's another name for monosodium glutamate and evidentially the word is getting out because Lilly found on the internet a bill that was actually passed here in Pennsylvania that is mandating that restaurants list on their menus foods that MSGs are being added to because MSG first of all of course it has no nutrients. But they say that it causes obesity and in the article that I have here that I intended and I don't think I got to it, when they're studying rats let's say for an example. An example was used they want to study diabetes and they need to have a fat rat. Well, rats aren't fat naturally so they inject them with MSG. They inject them with MSG and get their fat rats and not only that, but the FDA has put no limits on how much they use. It's in everything and they listed - I mean you can list all the restaurants but some of the - well, like McDonald's and Kentucky Fried and et cetera, et cetera, they say that it's actually addictive and it makes people eat more.

Alan: It's a war on the people. It's no surprise to us, but it's a complete war on the people where you make them malnourished. You can be very obese but still malnourished because your body is craving things and you can cram all this stuff down you, but it ends up in fat and you're still tired and lethargic and so on. However, that's the type of population you would want when you're bringing them through massive changes.

Jackie: Yes it is, isn't it?

Alan: Now I think it was Rumsfeld that had got that thing through for aspartame?

Jackie: I don't know.

Alan: Rumsfeld, remember, was director for the Searle Company, which is a subsidiary of Monsanto. The Searle Company's main specialties for the last 40 years has been in the area of psychiatric drugs, so that makes perfect sense to me that it's a form of warfare.

Jackie: You know what I saw on the weather channel? You know how they advertise all these drugs? If you're afraid to go outside or socialize, they call it something-disorder. Social-something disorder. They call it SAD. They have a drug for everything of course and then they do the side effects real fast so that you can't even hardly hear them. Well anyway, they were advertising some drug, another drug, and then they started talking about the Merck patient assistance program and they gave an 800 number. In fact I wrote it down. I've got it out there on the kitchen counter and I called it but they just had a message on it because you have to call them between like 8 and 5, but if you need Merck medication and you can't afford it and you don't have insurance you get a hold of them and they have a patient assistance program. They're pretty lenient because if you make less than \$19,000 a year as an individual you can qualify and then they go on to say \$36,000 for a family et cetera. But even if you are above those figures there will be special - they'll consider, in other words, so you get to get your Merck

medications.

Alan: Well, I'm sure there's a government backing program that will pay it back to them. They won't lose on it. I mean the government is tied at the hip with big business. In fact most of these – like Rumsfeld, he was the director for Searle Company, which is part of Monsanto.

Jackie: Searle, where are they headquartered?

Alan: They have branches in the states and in Canada.

Jackie: They're here in the states and that's medicine and they're connected with – it's a subsidiary of Monsanto.

Alan: They work with Monsanto because they are a part of Monsanto really. They worked with them to create the modified food; and as I keep saying, why would a company that specialized in psychiatric drugs, why on earth would they be involved in making your food? That should raise alarms everywhere.

Jackie: Sure. It would make me want to start a garden.

Alan: And know as you say where the seed comes from.

Jackie: Oh, and by the way, I don't think I told our listeners this. I might have a lovely tomato here that a lady in New York, a Mennonite lady, gave Chuck about three years ago and this tomato it over-filled my hand. He got talking to her and come to find out she listened to Sweet Liberty and we had been doing a whole probably two weeks on the food and gardening and she gave him the tomato and said give this to Jackie, it is a Mennonite heritage tomato and tell her to save the seeds. Well, I did but you know the floods that we've had I was concerned because my tomatoes even though some grew but they all started getting the blossom end rot and stuff from all the rain. I sent Southern Exposure the seeds and they grew the tomatoes last year and they're offering the seeds to their customers and it is a beautiful, beautiful tomato. When you call that number, folks, to get the catalogue, if you look in the '95 catalogue you'll see it listed under tomatoes and the tomatoes are about a pound a piece and they're beautiful and you can use them for anything. You can do anything with them. You can make – they are supposed to be a pasta tomato. Of course, they're delicious eating but you can can them. You can make your pasta sauce with them. You can do everything with them. The website is SouthernExposure.com and almost everything in there – I don't think they have any hybrids. I know no GM but they might have hybrids but if they do, it's listed as a hybrid. Some of their seeds in there are 80, 90 over 100 years old and to me that is just beautiful.

Alan: That's what people are going to have to do because it's only common sense in this day and age that you do it. You have no option.

Jackie: Yes, you do have options, don't you? Surely we all have options. I think options are called choices, yes?

Alan: That's right because we know what's going on. There's enough information

out really about all this stuff, even for the average person to get a hold of, so it's common sense what to do.

Jackie: Especially people who have children, Alan. It would be different – children don't have the choices. Children are subject to the choices their parents make and to have children and know this and have an opportunity or even if it's tough to be able to grow healthy food. Learn how to can. Learn how to dry. Learn how to preserve. Probably freezing is our last choice in case you lose your electricity and stuff, but I freeze stuff just for the time being. I can also, but to not do that, to not want to give your children the very best you can give them, to me it makes no sense at all. It just makes no sense at all to just ignore it and just pretend, you know, shove it out of your mind.

Alan: As you say, it's the children with everything look to their parents to advise them; and if they parents don't know themselves, then the children think that "oh, I'll just copy my parents." That's the natural way of things.

Jackie: There are parents who know and I think you called it willful ignorance. Actually, it goes beyond willful ignorance because willful ignorance would be "oh don't tell me. I don't want to know," but once you know it, Alan, how could you not?

Alan: It's a choice once again of being double-minded in that they still want to believe the people – the experts you see. The society of experts that guide us you see. They want to believe that they'd never do anything so nasty to the public, so therefore it must be okay even though the evidence is out there that it's not. They'd rather believe the experts you see. It's a choice. It makes them feel better because if they have to wake up and say wait a minute, these experts are all lying to us, here's the evidence, then they'd have to start questioning everything and they don't want to start that journey.

Jackie: You know what though? I don't think people would be listening to this broadcast if they didn't want to know.

Alan: There's that section of society who already know what to do.

Jackie: Okay. So then those who are listening and do know, then it behooves them. Folks, it doesn't it? It behooves you to do something about it and if you've never made a garden there's nothing more fulfilling and satisfying than to plant a seed, watch it grow, tend it nurture it and harvest it and know that you're giving your family the best you can give them, even if it's only yourself. Even if you don't have children, for God's sake. Eat a carrot and get your hepatitis B vaccine – I've got articles here that sometimes when I bring my email up I walk away after reading some of this stuff. I walk away kind of bummed out for a while because there's so much that we don't even have the time to talk about. I don't think you have to talk about every tinny, tiny little detail to get the point across do you? At least we shouldn't have to.

Alan: No. I mean plants have been used for thousands of years for creating drugs, and to modify food you're modifying a plant and they've already admitted they can if they wish make that plant produce anything they want it to produce. When they say they can do it, you can bet your bottom dollar they are doing it. That's all you

really have to know.

Jackie: And eating GM modified food, then that would mean that the body is being modified.

Alan: Absolutely. Re-engineered.

Jackie: Yes, and to remind our listeners, I did this only it's been a couple of years ago and for those of you who haven't heard it, a report that I read on - this particular one was potatoes. Feeding them to rats. GM Potatoes. The rats stomach lining thickened. The arteries thickened. The immune system was depressed and when they took the rat off the potatoes and started giving them a healthy diet, they could not reverse the damage. They couldn't reverse the damage, so it's time. Alan, thank you for being with us tonight.

Alan: It's a pleasure.

(Transcribed by Linda)